

Autumn Winter
2025 2026

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK A

3rd Nov 25
24th Nov 25
15th Dec 25
19th Jan 25
9th Feb 26
9th March 26

Option One	Veggie Meatballs in Tomato Sauce with rice	Chicken Biryani	Roast Chicken, Stuffing, & Roast Potatoes	Beef Lasagne	Fishfingers & Potato Wedges
Option Two	Veggie Burger & Potato Wedges	BBQ Sausage Pasta (Vegetarian)	Roasted Quorn, Stuffing & Roast Potatoes	Vegetable Lasagne	Cheese and Bean Pasty with Potato Wedges
Jacket Potato	With Tuna Mayo, Baked Beans or Cheese	With Tuna Mayo, Baked Beans or Cheese	With Tuna Mayo, Baked Beans or Cheese	With Tuna Mayo, Baked Beans or Cheese	With Tuna Mayo, Baked Beans or Cheese
Dessert	Fruit Salad	NEW Apple Crumb Cake with Custard	Cheese & Crackers	Jelly with Mandarins	Syrup Sponge with Custard

WEEK B

10th Nov 25
1st Dec 25
5th Jan 26
26th Jan 26
23rd Feb 26
16th March 26

Option One	Cheese and Tomato Pizza with Wedges	BBQ Chicken & Potato Wedges	Roast Chicken, Stuffing & Roast Potatoes	Meatballs in Tomato Sauce with Penne (Vegetarian)	Fishfingers & Potato Wedges
Option Two	Veggie Chilli with Rice	BBQ Quorn Fillet & Potato Wedges	Vegetarian Wellington, stuffing & Roast Potatoes	Caribbean Bean Stew & Rice (Vegetarian)	Cheese & Spinach Pasty with Potato Wedges
Jacket Potato	With Tuna Mayo, Baked Beans or Cheese	With Tuna Mayo, Baked Beans or Cheese	With Tuna Mayo, Baked Beans or Cheese	With Tuna Mayo, Baked Beans or Cheese	With Tuna Mayo, Baked Beans or Cheese
Dessert	Fruit Salad	Chocolate Brownie & Chocolate Sauce	Gingerbread Cookie	Sticky Toffee Crumble & Custard	Vanilla Shortbread

WEEK C

17th Nov 25
8th Dec 25
12th Jan 26
2nd Feb 26
2nd March 26
23rd March 26

Option One	Macaroni Cheese	Chicken Enchilada & Potato Wedges	Sausage with Roast Potatoes and Gravy	Beef Bolognese & Penne Pasta	Fishfingers & Potato Wedges
Option Two	Sweet Potato & Lentil Curry with Rice	Tomato Pasta	Vegan Sausage and Roast Potatoes with Gravy	Veggie Bolognese & Penne Pasta	Red Pepper Frittata with Potato Wedges
Jacket Potato	With Tuna Mayo, Baked Beans or Cheese	With Tuna Mayo, Baked Beans or Cheese	With Tuna Mayo, Baked Beans or Cheese	With Tuna Mayo, Baked Beans or Cheese	With Tuna Mayo, Baked Beans or Cheese
Dessert	Fruit Salad	Pear Crumble & Custard	Oaty Cookie	Ginger Cake & Custard	Cornflake Tart

PLEASE NOTE THE DEADLINE FOR ORDERING IS 1 DAY IN ADVANCE – PLEASE CONTACT RECEPTION IF YOU HAVE ANY PROBLEMS ON 01722 694013 or email reception@sail-academy.org

ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of allergen cross contact.