

SAIL (Salisbury Academy for Inspirational Learning) Wilton Road Salisbury SP2 7EU Telephone: 01722 694013 Website: <u>www.sail-academy.org</u>

# Parent Communication 02.05.25

Dear Parents/ Carers,

It has been a great second week to the term, and it makes it even better when the sun is out as well!

This week we had a photographer in to take individual school photos - which is the first time we have done this at school. These have now been sent home - we hope you like the outcomes.

#### Hot weather

The weather has been particularly warm this week and it has been great to see some students wearing hats to keep them safe from the sun.

Can we please ask that when the weather is hot, as it has been this week, that you provide your child with a hat or get them to put suncream on before coming to school so they are well protected from the sun, when outside. Additionally, ensure they have a bottle of water to make sure they stay hydrated.

## Ready, Respectful, Safe Teacher/Tutor Nominees

This term's first Ready, Respectful, Safe weekly Teacher and Tutor Nominees are:

Angelfish – Mateo Turtle – Lillith Starfish – Ted, Shayne Penguin – Jack Dolphin – Kaden Shark - Ami 7A - Max 8A - Rosie 9A - Kian 9B - Jack 9C - Luke 10/11A – Hunter

Well done to all those students who have made it a great second week, particularly those students identified above.

## Safer Internet use

As part of our continued commitment to the wellbeing and digital literacy of our students, we want to share some important information and guidance about technology use and internet safety at home.

# Why This Matters

Children today are growing up in a digital world where access to information—and unfortunately, inappropriate or harmful content—is only a few clicks away. As a school, we educate students on responsible digital citizenship, but your role as a parent or guardian in monitoring and guiding online activity is essential.

# **Oversight of Your Child's Online Activity**

Here are a few tips for effectively overseeing your child's technology use:

- Set clear expectations about screen time, websites/apps allowed, and appropriate behaviour online.
- Check browser history regularly to stay aware of the sites your child visits.
- Keep devices in shared family spaces, especially during recreational use.
- Encourage open conversations about what your child sees or experiences online.

# **Parental Controls and Filters**

Using built-in parental controls can help filter content and monitor usage:

- **Apple Devices (iPhone/iPad):** Use Screen Time settings to limit app use, block content, and manage privacy.
- Android Devices: Google Family Link allows you to manage apps, set screen time, and view activity.
- Wi-Fi Routers: Many routers allow you to block specific websites and set usage schedules.
- Streaming Services & Gaming Consoles: Enable parental settings on Netflix, YouTube, Xbox, PlayStation, etc.

## **Useful Websites and Resources**

These websites offer practical advice and tools to help protect your child online:

- Internet Matters: Excellent guides on setting controls and age-appropriate digital use.
- <u>Common Sense Media</u>: Reviews of games, apps, movies, and advice on tech use for families.
- **NSPCC Online Safety**: Tips and support for keeping children safe from online abuse.
- ThinkUKnow: Education and safety advice tailored to different age groups.
- <u>Childnet</u>: Tools and leaflets to help parents navigate tech and internet safety.

We encourage you to explore these resources and discuss internet safety regularly with your child. If you have any concerns or would like additional support, please do not hesitate to contact us.

Thank you for your partnership in keeping our students safe and informed online.

#### WAVES – Parent-Teacher Association (PTA)



# Salisbury Academy for Inspirational Learning WAVES - Parent Teachers Association

# Fundraising for the benefit of our pupils

The SAIL PTA met on Thursday 1<sup>st</sup> May to look at ways to support the school and raise money for the benefit of the pupils. We have already raised over £400 towards the development of the Nature Garden and other resources for the pupils.

If you are interested in getting involved with the committee, please contact the PTA via the new email address: <u>WavesPTA@outlook.com</u> or speak to Caroline Morland at school.

We are looking to raise money for an electric drum kit this term and are planning some exciting summer events.

We are also going to ensure that all Year 11 Leavers get a hoodie; and the PTA are keen to support our Year 6 pupils leaving primary, so we are looking into a leaver's item for them. We want to make this gift an annual event, so if ANYONE is keen to help sponsor a leavers gift, please email the <u>WavesPTA@outlook.com</u> with details of your donation amount. We can then contact you personally to arrange payment.

#### **Careers fair**

A selection of KS3/KS4 students will be visiting Springfield Academy on Wednesday 7th May to attend their annual careers fair. This is a valuable opportunity for students to explore a wide range of careers, speak directly with employers, training providers, and further education institutions, and begin thinking about their future goals. The visit is designed to inspire and inform students about the many pathways available to them, helping them to understand the skills and qualifications needed for different jobs. By attending, students should gain greater confidence in making choices about their education and future careers.

## School Nurse/ Pastoral Coffee Morning - reminder

# Meet Louise – Our Dedicated School Nurse

We'd like to remind you that Louise, our dedicated school nurse, visits SAIL every other Tuesday. Louise works on a **referral-only basis** and is here to support pupils, as well as offer advice to parents and staff on a wide range of health and wellbeing matters.

She can provide guidance and support in areas such as:

- Emotional wellbeing
- Sleep and establishing healthy routines
- Personal hygiene
- Healthy lifestyles and nutrition
- Sexual health and healthy relationships
- Signposting to appropriate services
- To help you get to know Louise and learn more about the support she offers (which goes far beyond just 'health'), we're hosting a **Coffee Morning on Wednesday 14th May** from 10:30am 12:00pm here at school.

This will be a relaxed, informal opportunity to meet Louise, ask questions, and find out how she can support both pupils and families.

Our pastoral team will also be there, so if you'd like a chat or need support with anything going on at home, we'd love to see you there.

If you think your child may benefit from speaking with Louise, or if you have any questions in the meantime, please don't hesitate to contact us.

We hope to see you on the 14th!

# **SMSC** Dates

Here are the key SMSC dates coming up in May:

- May 5th–11th Deaf Awareness Week
- May 12th–18th Mental Health Awareness Week
- May 21st Cultural Diversity Day