



Salisbury Academy for Inspirational Learning

SAIL (Salisbury Academy for Inspirational Learning)

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Parent Communication 13.2.26

Dear Parents/ Carers,

As we come to the end of another term I wanted to say a huge thank you to you for your ongoing support of the school. We wish you a positive and restful break and look forward to seeing you and your children again in term 4.

Please remember that the first day back in term 4 is **Wednesday 25th February**.

End of Term Celebration Assembly & Parent/Carers Internet Safety workshop & Cafe

Thank you to everyone who joined us for our events today – it is always fantastic to see so many parents and share the fantastic progress of your children.

Year 9 Options

Thank you to all the parents/carers and students who were able to join us last night for the Year 9 Options evening. We hope that you found it useful. For anyone who could not join us, the options books will be sent home tonight with the students. We will also be sharing the PowerPoint on the school website after half term which contains some useful information. Please contact the school with any questions or support at any time.

Safeguarding Update: Keeping Your Child Safe Over Half Term

As we head into the half-term break, we want to share some reminders to help keep children safe, healthy and supported—both online and offline. Breaks are important for rest and fun but maintaining healthy routines during holidays also plays a key role in children's wellbeing.

1. Staying Safe Online

Half-term often brings increased screen time. Please help your child to:

- Use age-appropriate apps and games only.
- Avoid sharing personal information such as their location or school.
- Know how to block, mute and report other users.
- Talk to a trusted adult if something online worries them.

2. Outdoor Safety

If your child is out with friends this half term, please remind them to:

- Stay with people they know and trust.
- Share their plans and expected return time with an adult.
- Keep their phone charged so they can contact home if needed.
- Avoid talking to strangers or sharing personal details.

3. Emotional Wellbeing: Routine, Sleep & Healthy Habits

Maintaining some structure during the holiday can really support children's emotional health.

Why Routine Matters

Children often feel safest when they know what to expect. A simple plan for the day—mealtimes, play, downtime—can help reduce anxiety and boredom.

Sleep

Good-quality sleep supports mood, learning and behaviour.

Try to:

- Keep bedtimes and wake-ups within a similar range to school days.
- Reduce screen time in the hour before bed.
- Encourage calming activities such as reading, baths, or quiet play.

Healthy Habits

Small positive habits can make a big difference:

- Encourage daily fresh air and physical activity.
- Keep meals regular and balanced.
- Support downtime without screens (creative play, books, games).
- Make time for conversations—ask how they're feeling and what they're enjoying.

4. Wiltshire Children's Services – Local Support & Key Contacts

If you are worried about a child this half term, or need support, Wiltshire services are here to help.

Concerns About a Child

- **Integrated Front Door (IFD) / Multi-Agency Safeguarding Hub (MASH)**
0300 456 0108 (Mon–Thu 8:45–17:00, Fri 8:45–16:00)
Email: integratedfrontdoor@wiltshire.gov.uk [wiltshire.gov.uk]
[wiltshiresvpp.org.uk]
- **Out of Hours (Emergency Duty Service):**
0300 456 0100 (Evenings, weekends & bank holidays) [wiltshire.gov.uk]
- If a child is in **immediate danger**, always call **999**. [wiltshire.gov.uk]

Early Support for Families

If you need help but there is *no safeguarding risk*:

- Contact the **Early Support Hub** via **0300 456 0108**. [wiltshire.gov.uk]

Wiltshire Children & Families Health Services

(School nursing, health visiting, emotional wellbeing)

- **0300 247 0090** (Mon–Fri 9am–5pm)
- Website: <https://wiltschildandfamily.co.uk/> [wiltschild...mily.co.uk]

Wiltshire Safeguarding Vulnerable People Partnership (SVPP)

Guidance, reporting concerns & resources:

- <https://www.wiltshiresvpp.org.uk/> [wiltshiresvpp.org.uk]

5. Other Helpful Contacts

- **Police:** 101 (non-emergency) or 999 in an emergency.
- **NSPCC Helpline:** 0808 800 5000.
- **Childline:** 0800 1111 (for children and young people).

Men's Wellbeing Groups

We have had a communication from the Wiltshire with information about mental health and wellbeing groups, specifically for men being run in various locations around Wiltshire and run by Wiltshire Wildlife Trust.

Please use this link ([Men's Wellbeing Programme | Wiltshire Wildlife Trust](#)) to access the website and from there is a telephone number and email address for further information.

Current locations for the wellbeing groups are:

- Calne (day): starting Monday 23rd March 2026, 11am-2.30pm
- Devizes (evening): starting Monday 23rd March 2026, 6pm-9pm
- Amesbury (day): starting Monday 10th August 2026, 11am-2.30pm
- Westbury (day): starting Monday 30th November 2026, 11am-2.30pm

The flyer sent to school also states that Minibus pick and drop off may also be provided.

The Great Maths Challenge

Perfect Numbers are rare! A number is perfect if its proper divisors sum to make the number itself. e.g. 6 is perfect because $1 + 2 + 3 = 6$

Number	Positive Factors	Sum of all factors excluding itself
1	1	0
2	1, 2	1
3	1, 3	1
4	1, 2, 4	3
5	1, 5	1
6	1, 2, 3, 6	6 Perfect!
7	1, 7	1
8	1, 2, 4, 8	7
9	1, 3, 9	4

This week - the challenge is simple: find the next perfect number

RRS winners this week

Angelfish – Abdou

Turtle – Harry

Starfish – Mikey

Seahorse – Marley

Inspire A – Alyssa

Inspire B – Jack

Inspire C – Lucas

7A – Angelo

7B – Stephen

7C – Alfie

8A – Max

8B – Mark

9A – Riley

9B – Carson

10A – Olivia

10B – Luke

11A – Jody

British Army Apprenticeships Webinar

Please see the below link to a webinar recording all about Apprenticeships in the British Army.

[British Army Life and Learning - Apprenticeships Explained Webinar - Amazing Apprenticeships](#)

Key Dates, events and celebrations

Term 4 and beyond

- **Monday 23rd February** – INSET Day
- **Tuesday 24th February** – INSET Day
- **Wednesday 25th February** – **First day of term 4**

March 2026

- **Monday 2nd March 9:30 – 10:30am** Pastoral Coffee Morning
- **Tuesday 3rd March** World Wildlife Day
- **6th – 15th March** British Science Week
- **Friday 27th March** – **Last day of term 4**
- **Tuesday 31st March:** Holi

April 2026

- **Monday 13th April** – **First day of term 5**
- **Monday 20th April 9:30 – 10:30am** Pastoral Coffee Morning
- **Wednesday April 22, 2026:** Earth Day

May 2026

- **Monday 4th May – Bank Holiday**
- **Friday 8th May: VE Day**
- **Friday 22nd May – Last day of term 5**

June 2026

- **Monday 1st June – First Day of term 6**
- **Monday 8th June 9:30 – 10:30am: Pastoral Coffee Morning**
- **Friday June 5, 2026: World Environment Day**
- **Saturday 6th June: D Day**
- **Sunday 21st June: Summer Solstice**
- **w/c 15th June 2026: National Sports Week**

July 2026

- **Friday 10th July – INSET Day**
- **Wednesday 22nd July – Last Day of term**

Matt Sambrook

Executive Headteacher

SAIL Academy