

SAIL Academy Secondary Careers Programme Overview – 2025-26

Our career journey is shaped by the Gatsby Benchmarks and CDI Framework, helping every student, regardless of background, build the skills, knowledge and confidence to make informed choices about their future. From year 7 to 11, students explore, personal development, employability and the world of work.

Wider curriculum
Targeted trips and visits (Colleges, workplaces) are chosen to link with subject content.
Employers are invited into to raise aspiration and see how the curriculum can be used beyond the school

Year 7

-  **Grow Throughout Life**
Reflect on achievements and motivations.
-  **Explore Possibilities**
Understand job sectors and job families.
-  **Manage Career**
Identify long-term goals.
-  **Create Opportunities**
Practise speaking about myself positively.
-  **Balance Life and Work**
Explore routines and time management.
-  **See the Big Picture**
Understand how careers impact society.

Year 9

-  **Grow Throughout Life**
Set a SMART academic goal.
-  **Explore Possibilities**
Explore post-14 and post-16 pathways.
-  **Manage Career**
Begin to write a personal career plan.
-  **Create Opportunities**
Practise interview and application basics.
-  **Balance Life and Work**
Understand work-life wellbeing.
-  **See the Big Picture**
Discuss how careers are influenced by society.

Year 11

-  **Grow Throughout Life**
Reflect on achievements and set transition goals.
-  **Explore Possibilities**
Review and compare post-16 options.
-  **Manage Career**
Apply to college, or apprenticeship.
-  **Create Opportunities**
Prepare for interviews and transitions.
-  **Balance Life and Work**
Learn financial and lifestyle planning.
-  **See the Big Picture**
Discuss the future of work and society.

Year 8

-  **Grow Throughout Life**
Identify personal learning preferences.
-  **Explore Possibilities**
Link GCSE subjects to careers.
-  **Manage Career**
Use career info to make a KS4 options plan.
-  **Create Opportunities**
Identify and practise soft skills..
-  **Balance Life and Work**
Consider work types and hours.
-  **See the Big Picture**
Research job trends in the UK.

Year 10

-  **Grow Throughout Life**
Complete and review mock interviews.
-  **Explore Possibilities**
Research local FE and apprenticeship routes.
-  **Manage Career**
Prepare for work experience placement.
-  **Create Opportunities**
Build a CV and write a cover letter.
-  **Balance Life and Work**
Discuss working rights and breaks.
-  **See the Big Picture**
Examine technology's impact on jobs

Inspiring and preparing young people for the world of work.