SAIL Academy Secondary Careers Programme Overview – 2025-26



Our career journey is shaped by the Gatsby Benchmarks and CDI Framework, helping every student, regardless of background, build the skills, knowledge and confidence to make informed choices about their future. From year 7 to 11, students explore, personal development, employability and the world of work.

Wider curriculum

Targeted trips and visits (Colleges, workplaces) are chosen to link with subject content.

Employers are invited into to raise aspiration and see how the curriculum can be used beyond the school

Year 7

- **Grow Throughout Life**Reflect on achievements and motivations.
- Explore Possibilities

 Understand job sectors and job families.
- Manage Career
 Identify long-term goals.
- **Create Opportunities**Practise speaking about myself positively.
- Balance Life and Work

 Explore routines and time management.
- See the Big Picture
 Understand how careers impact society.

Year 9

- Grow Throughout Life
 Set a SMART academic goal.
- Explore Possibilities

 Explore post-14 and post-16 pathways.
- Manage Career
 Begin to write a personal career plan.
- Create Opportunities
 Practise interview and application basics.
- Balance Life and Work

 Understand work-life wellbeing.
- See the Big Picture
 Discuss how careers are influenced by society.

Year 11

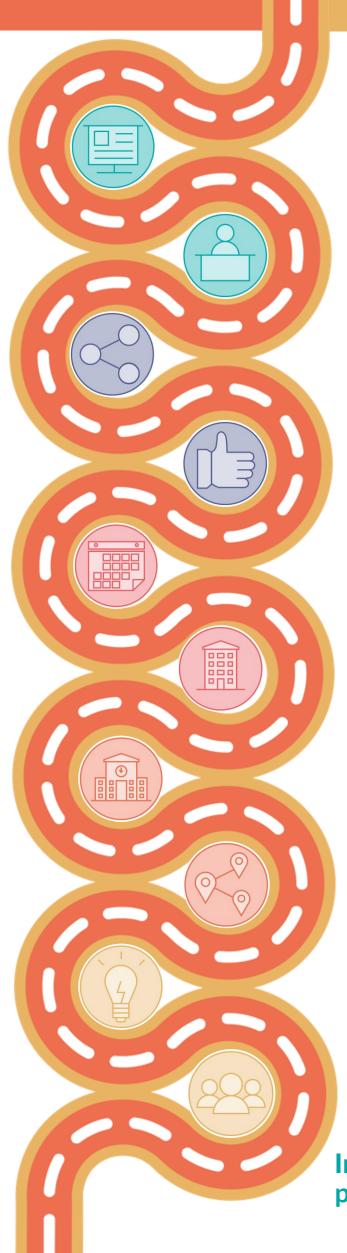
- Grow Throughout Life

 Reflect on achievements and set transition goals.
- Explore Possibilities

 Review and compare post-16 options.
- Manage Career
 Apply to college, or apprenticeship.
- Create Opportunities
 Prepare for interviews and transitions.
- Balance Life and Work

 Learn financial and lifestyle planning.
- See the Big Picture

 Discuss the future of work and society.



Year 8

- Grow Throughout Life
 Identify personal learning preferences.
- Explore Possibilities

 Link GCSE subjects to careers.
- Manage Career
 Use career info to make a KS4 options plan.
- Create Opportunities

 Identify and practise soft skills...
- Balance Life and Work

 Consider work types and hours.
- See the Big Picture
 Research job trends in the UK.

Year 10

- Grow Throughout Life
 Complete and review mock interviews.
- Explore Possibilities

 Research local FE and apprenticeship routes.
- Manage Career

 Prepare for work experience placement.
- Create Opportunities

 Build a CV and write a cover letter.
- Balance Life and Work

 Discuss working rights and breaks.
- See the Big Picture

 Examine technology's impact on jobs

Inspiring and preparing young people for the world of work.